Little Discoveries December Menu 🏋

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Week:	Monday:	<u>Tuesday:</u>	<u>Wednesday:</u>	<u>Thursday:</u>	<u>Friday:</u>
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Pancake Canadian Bacon, Strawberries, Milk	Breakfast: Bagel, Bacon, Pineapple, Milk	Breakfast: Cinnamon Roll, Sausage, Applesauce, Milk	Breakfast: Waffle, Egg Patty, Mandarin Oranges, Milk
12/2-12/6	Lunch: Hot Dog, Baked Beans, Peaches, Milk	Lunch: Pizza Rolls, Mixed Veggies, Pears, Milk	Lunch: Chicken Broccoli Rice Bake, WG Bread Slice, Carrots, Blueberries, Milk	Lunch: Hot Ham & Cheese, Sweet Potato Fries, Grapes, Milk	Lunch: Cold Chicken Pasta, WG Bread Slice, Cook's Choice Fruit & Veggie, Milk
	Snack: Soft Pretzel, Mandarin Oranges , Pretzels, Orange Slices, Water	Snack: WG Mini Rice Cakes, Applesauce , WG Wheat Thins, Apple Slices, Water	Snack: Animal Crackers, SF Jello, Water	Snack: WG Nutrigrain Bar, Yogurt, Water	Snack: Goldfish, Fruit Twist, Water
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Muffin, Bacon, Applesauce, Milk	Breakfast: French Toast Sticks, Canadian Bacon, Strawberries, Milk	Breakfast: WG Toast HB Egg, Pears, Milk	Breakfast: Biscuit, Sausage, Pineapple, Milk
	Mandarin Oranges,	Lunch: Mac & Cheese w/ Diced Ham, WG Bread Slice, Broccoli, Peaches, Milk	Lunch: Chicken Strips, Corn , Cucumbers, Grapes, Milk	Lunch: Italian Dunkers w/ Meat Sauce, Mixed Veggies, Blueberries, Milk	Lunch: Chicken Alfredo, Dinner Roll, Cook's Choice Fruit & Veggie, Milk
		Snack: Nilla Wafers, Pudding, Water	Snack: WG Fig Newton Bar, <i>Mandarin Oranges</i> , Orange Slices, Water	Snack: Veggie Straws, Chex-Mix, Danimal, Water	Snack: WG Ritz Crackers, Peppers WG Sunchips, Celery, Water
	Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Pancake, Egg Patty, Peaches, Milk		Breakfast: Cinnamon Roll, Bacon, Strawberries, Milk	Breakfast: Waffle, Canadian Bacon, Mandarin Oranges, Milk
12/16-12/20	Broccoli, Grapes,	Taquitos, Mixed Veggies, Pears, Milk	Lunch: Scalloped Potatoes w/ Diced Ham, WG Bread Slice, Green Beans, Pineapple, Milk	Lunch: Ham & Cheese Sub, Carrots, Blueberries, Milk	Lunch: Chicken Veggie Pasta, WG Bread Slice, Cook's Choice Fruit & Veggie, Milk
	Crackers, Mandarin			SF Jello, Water	Snack: Christmas Trail Mix, Applesauce , Apple Slices, Water

12/23-12/27	LD Closed	LD Closed	LD Closed	LD Closed	LD Closed
	Breakfast: WG Cereal, Banana, GoGurt, 100% Juice, Milk	Breakfast: Waffle, Sausage, Strawberries, Milk		Breakfast: Cinnamon Roll, Canadian Bacon, Pineapple, Milk	Breakfast: Pancake HB Egg, Applesauce, Milk
12/30-1/3	Lunch: Corn Dog, Mixed Veggie, Pears, Milk	Lunch : Taco, Corn, Blueberries, Milk	LD Closed	Lunch: Chicken Patty, Broccoli, Peaches, Milk	Lunch: Fish Sticks, WG Bread Slice, Cook's Choice Fruit & Veggie
	Snack: Animal Crackers, Mandarin Oranges , Orange Slices, Water	Snack: WG Nutrigrain Bar, Yogurt, Water		Snack: WG Ritz Crackers, String Cheese, Water	Snack: Puffcorn, Popcorn, Danimal, Water
	Infants: Vitamin D Milk, Toddler - School Age: 1% Milk			WG = Whole Grain	
	*Italicized options denote Infant - Toddler Classrooms			SF = Sugar Free	